



May 2012 Newsletter

ADC Highlights:

Senior Circle of Friends was busy in April. They completed art projects for the Seasoned Art Festival in May. They also decorated beautiful Easter baskets full of delicious treats and stuffed bunnies. The baskets were made possible by generous donations. We are grateful to all who donated.

As promised we did make a few fried pies to sell in April. They were so good we made a few extra for our own enjoyment.

In April our staff member Brittney, completed her chosen course of education by earning her degree in Computer Technology. We are all happy for her and very proud of her.

Up-Coming Events:

The annual art festival runs through May 2. We can't wait to see if any of our participants win an award. We think they are all very talented and have created a beautiful group project for this special occasion. If you have a special talent in art we hope you will enter your work next year.

We wish Ruby, Jessica and Elizabeth, Happy Birthday in May.

The Senior Circle of Friends Adult Day care will be represented at the Wellness Expo at the YMCA on May 19, between 9 am and 1 pm. Come out and stop by our booths for more information and delicious baked goods.

Mothers Day is May 13. We will recognize all our mothers on Friday, May 11 honoring each mother with poetry reading, music, special gifts and a corsage.

Our center will be closed in observance of Memorial Day on Monday, May 28.

The Alzheimer Caregiver Support group meets the third Wednesday of each month. If you or someone you know is providing care to a loved one please tell them about this support group. For more information please contact Ms. Patsy Shell at 931-648-1884.

Caregiver Tip: (from Care Chiropractic) Research over the past few decades has shown that viewing physical violence in the media can increase aggression in adults and in children. A new study has also found that onscreen relational aggression (including social exclusion, gossip and emotional bullying) may prime the brain for aggression. *Aggressive Behavior*, March 2012.

Volunteer Highlights: A true volunteer, volunteers not for recognition but for the satisfaction of knowing he or she can be a source of help and encouragement to others in need.

We need more true volunteers.

Wish List:

Jigsaw puzzles 300 pieces

Craft knife

Elmer's glue sticks and liquid glue

Air freshener

Manicure supplies

9ft. clear plastic table cover

Glue sticks small & large for hot glue gun

Paper products (napkins, 8oz cups paper towels)

Weather Alert Radio



A GREAT WAY TO SPEND THE DAY



Elizabeth and Carlene working on a puzzle.



Ms. Nancy showing off her Easter Bonnet.



Ms. Jean enjoying her Easter Bonnet.



Ms. Mary and her Easter Bonnet.



Ms. Jean playing with her baby doll.



Ms. Queenie working on an art project.